

Nutrition Article Response Questions

1. What is the specific topic of the article/video (title)?
2. How does this article/video make you feel?
3. What were the major concepts included in your article/video? Explain your article/video in a way the class can fully understand. If you do not fully understand do some research to add clarity to your presentation.
4. What questions does this article/video raise?
5. What does this article/video say about the importance of good nutrition? Either implied or word for word?
6. Focus on the positive side of your article/video how do you suggest the class use this information when choosing foods for wellness?